

Resources for Food Assistance

findhelp.org

[CHIPS Community Meals Program](#) (200 4th Avenue)

One Love Community Fridge

*They have a map with all community fridges

<https://www.onelovecommunityfridge.org/fridges>

<https://www.onelovecommunityfridge.org/>

St. Ann's Food Pantry 157 Montague Street

<https://www.stanholytrinity.org/pantry/>

** Info has been verified, but always call to confirm before going to a location**

CityWide

- CityHarvest Food Map: <https://www.cityharvest.org/food-map/>
 - Food pantries, soup kitchens, mobile markets, & community partners who distribute food.
- City Harvest Mobile Markets: <https://www.cityharvest.org/mobile-markets/>
 - In each borough, the Mobile Markets have 1-2 locations where they provide food to residents on certain days/times.
- Food pantries across the city:
https://www.nyc.gov/site/dycd/services/food_pantries.page
 - Compiled a list of food pantries per borough with the location, website, and contact information.
- Food Help: <https://finder.nyc.gov/foodhelp/locations?mView=map>
 - Compiled a map of food pantries and soup kitchens throughout the five boroughs with location, potential hours of distribution, and contact information.
- [Food Pantries](#)

Brooklyn

- Catholic Charities of Brooklyn & Queens Food Pantry Network:
<https://www.ccbq.org/service/food-pantry-network/>
 - Map of food pantry locations throughout Brooklyn and Queens, including addresses and phone numbers.

- Catholic Charities can also support people through other Emergency Food Assistance Programs.
<https://www.ccbq.org/service-type/emergency-and-food-assistance/>
- Sisters with a Purpose Inc. Food pantry:
<https://www.sisterswithpurpose.net/programs/food-pantry/>
 - Brooklyn Sports Center, 1540 Van Siclen Avenue, Brooklyn, NY, 11239
 - Saturdays 9-10 am, dates & times:
<https://www.sisterswithpurpose.net/wp-content/uploads/2025/06/pantry.pdf>
- List of South Brooklyn food pantries from Brooklyn Community Board 10:
<https://cbbrooklyn.cityofnewyork.us/cb10/food-pantries/>
 - List of food pantries in southeast Brooklyn with information on location, distribution day/time, contact information, and what is needed to register or receive food.
- Neighbors Together Community Cafe:
<https://neighborstogether.org/community-cafe/>
 - Neighbors Together has hot meals M-F 12-2 pm and M-Th 4-6 pm
 - [2094 Fulton St., Brooklyn, NY 11233](#)
 - 718-498-7256
- LemonTree: <https://www.foodhelpline.org/regions/brooklyn>

Bed Stuy Campaign Against Hunger (Bed Stuy)

Super Pantry–2004 Fulton Street

718-773-3551 Push 1/ hours 2/address 3/ ID needed to register

2010 Fulton Street is the "benefits access office"

Mon & Thur 10-3 pm Tues, Wed, Fri 10-6 pm

<https://www.tcahnyc.org/food-distribution/>

Neighbors Together (Bed Stuy)

Community Cafe 2094 Fulton Street/ Bed Stuy

718 498 7256 Push 1 for meal services & soup kitchen

<https://neighborstogether.org/>

mon-fri 12:00-2:00, mon-thu 4:00-6:00 (dinner to go during fri lunch)

**call to confirm info is up to date

Flatbush

- Masbia of Flatbush: <https://www.masbiaflatbush.org/>
 - Contact Info: flatbush@masbia.org ; 718-972-4446 x208, 718-534-7410
 - Address: 1372 Coney Island Avenue, Brooklyn, New York, 11230

- Pantry: M - T from 9:00 AM to 7:00 PM, Wed. - Thurs. 11:00 AM to 10:00 PM & Friday from 7:00 AM to 2:00 PM (by appointment)
 - You can pick up raw grocery food for your entire family by appointment only, once every seven days. (Over 1,000 appointments available weekly.)
 - To schedule an appointment, text "FOOD" to 726879* or log in [here](#).
 - No ID required.
- Soup kitchen: Mon. through Thurs. From 3:00 PM to 8:00 PM.
 - No appointment needed

The Village House Pantry (on FB- Join the Group) (Flatbush)

<https://www.facebook.com/share/g/1Ly6aRdXb8/>

*Food is offered in the FB group with a request to DM for the request and pick up time.

*Weekly distributions are at Parkside & Rogers for weekly distribution on Thursdays at 11:15. But check the FB posts for the most current info.

Flatbush Friendly Fridge (on FB- Join the Group) (Flatbush)

<https://www.facebook.com/share/g/172SbawAcB/>

499 Rogers Ave., outside of PLG Coffee House and Tavern
(Midwood & Rogers Ave)

Our Lady of Refuge

2020 Foster Ave and Ocean Avenue.

The food pantry is on 21st Street, and the line starts on Foster.

Wednesday 10 am-1 pm

718-434-2090

WEEKLY NYC MUTUAL AID DISTROS

BROOKLYN

WE THE PEOPLE (BEDSTUY)

Thursday 1pm / Fulton St & Nostrand Ave / 11216 / @wethepeople_nyc

FEED THE PEOPLE (BEDSTUY)

Saturday 3pm / Herbert Von King Park / 11216 / @feedthepeople_bedstuy

CLUB A (BUSHWICK)

Wednesday & Saturday 12pm-3pm / Bushwick City Farms (354 Stockton St) / 11206 / @club_a_nyc

FLATBUSH FAMILIES

Friday 5pm-6:30pm / 1024 Flatbush Ave / 11226

MASS MUTUAL AID (KENSINGTON)

Saturday 4pm / Kensington Plaza Coney Island Ave & Beverley Rd / 11218 / @massmutualaid

CROWN HEIGHTS BITES BACK

Tuesday 5pm / Utica Ave & Eastern Parkway / 11213 / @crownheightsbitesback

BROOKLYN JAIL SUPPORT (DOWNTOWN BROOKLYN)

Friday 2pm-2am / 120 Schermerhorn St / 11201 / @bkjailsupport

BRONX

BRONX JAIL SUPPORT

Monday 5pm-10pm / 215 E 161st / @bxjailsupport

QUEENS

CAFE MUNDIAL (JACKSON HEIGHTS)

Tuesday 6:30am-8:30am / 69th St & Roosevelt Ave / 11377 / @elcafemundialnyc

FREE STORE ASTORIA

Wednesday 11:30am-2:30pm & 4:30pm-6:30pm / 25-82 Steinway St / 11103 / @freestoreastoria

FENIX COMMUNITY FRIDGE (RIDGEWOOD)

Friday 5pm / 586 Seneca Ave / 11385 / @fenixcommunityfridge

MANHATTAN

COMMUNITY CARE COLLECTIVE (WEST VILLAGE)

Tuesday 12:30pm-3:30pm / Washington Sq Park, west side / 10012 / @ccccollective.nyc

WASHINGTON SQUARE PARK MUTUAL AID (WEST VILLAGE)

Friday 5pm-8pm / Washington Sq Park, west side / 10012 / @wspmutualaid

TOMPKINS DISTRO (EAST VILLAGE)

Saturday 11am-12pm / Tompkins Sq Park, 7th St & Ave B / 10009 / @tompkins.distro

WE THE PEOPLE (EAST HARLEM)

Saturday 1pm / Lexington Ave between 124th St & 125th St / 10035 / @wethepeople_nyc

FRIEND OF A FRIEND (CHINATOWN)

Sunday 3:45pm & Tuesday 7:30pm / Columbus Park, Baxter St & Hogan Pl / 10013 / @friendofafriend_nyc

MANHATTAN JAIL SUPPORT (CHINATOWN)

Tuesday & Wednesday 7:00pm-9:30pm / 111 Centre St / 10013

EV LOVES (EAST VILLAGE)

Sunday 12pm-3pm / 638 E 6th St / 10009 / @evlovesnyc

ANARCHY99 (EAST VILLAGE)

Sunday 12pm-5pm / 9th St & 1st Ave / 10009 / @anarchy_9_9

FOOD NOT BOMBS (EAST VILLAGE)

Sunday 4:30pm-6pm / Tompkins Square Park, southwest corner / 10009 / @lesfoodnotbombs

THIS LIST WAS LAST UPDATED ON 9/21/25. DM @ANGELTINS.11 ON SIGNAL FOR ADDITIONS/EDITS ♥

Wisdom from Food Pantry Volunteer:

1. Everyone donates Mac and Cheese in boxes, but it needs milk and butter, which are hard to get from food banks.

2. Boxed milk is a treasure. Kids need it for cereal, which they get a lot of.
3. Everyone donates pasta sauce & spaghetti noodles.
4. Canned foods should be pop-top or donate a can opener
5. Oil is a luxury needed for rice a roni, which they get a lot of.
6. Spices, salt, and pepper are a real gift.
7. Coffee and tea bags are caring gifts.
8. Sugar and Flour are treats.
9. Fresh produce donated by farmers and grocery stores is essential.
10. Seeds are great in the spring and summer because growing can be easy for some.
11. Rarely is there fresh meat.
12. Tuna and crackers make a good lunch.
13. Hamburger Helper goes nowhere without ground beef.
14. They get lots of peanut butter and jelly, but need sandwich bread.
15. Butter or butter spread is good.
16. Eggs are a commodity!
17. Cake mix and frosting make it possible to create a child's birthday cake.
18. Dishwashing detergent is costly and is always appreciated.
19. Feminine hygiene products are a luxury, and women will cry over them.
20. Everyone loves stovetop stuffing.

Bonus: CASH enables the Food Bank to buy what's missing and buy in bulk.