

BIG BROTHERS BIG SISTERS OF NYC



SONYC

SCHOOL'S OUT NEW YORK CITY



AT

»(MS)²

The Math & Science Exploratory School



Big Brothers Big Sisters
of New York City
THE POWER TO CHANGE LIVES®

NYC

Department of
Youth & Community
Development

Big Brothers Big Sisters of NYC Vision Statement

Our vision is that all children achieve success in life.

Agency Mission Statement

Our mission is to provide children facing adversity in NYC with a strong and enduring, professionally supported 1-to-1 mentoring relationship with adults that change their lives for the better, forever. We partner with families, volunteers, organizations and the community to inspire positive change in all.

SONYC Mission Statement

In our School's Out NYC setting, we aim to provide middle school students with a pathway for success. Through a structured program with instruction in sports, literacy, art, computers and leadership activities, we offer 6th, 7th and 8th graders positive choices in how they can spend their after school hours, and enhanced opportunities for instruction beyond a traditional learning setting.



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SAMPLE ACTIVITIES OFFERED

Science Technology Engineering Math (STEM)

Robotics

Digital Media Arts DMA:

Film Production

Photography



Recreation

- " **Basketball**
- " **Soccer**
- " **Wrestling**
- " **Volleyball**
- " **Flag Football**
- " **Mix Sport-clinics**
- " **Game Factory**

Literacy

- " **Poetry**
- " **Creative Writing**



Academic Enhancement

- " **Academic Tutoring**
- " **AP Regents Prep**

Arts & Culture

- " **Cartooning**
- " **Fine Arts**
- " **Theater / School Play**
- " **Song Writing**
- " **Pitch Perfect Vocals**
- " **Dance**

Leadership Development

- " **Living out Loud Life Skills**
- " **Girls/Boys Basketball League**
- " **SONYC Challenge**
- " **Peer Mediation**
- " **SONYC Ambassadors**



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***activities subject to change**

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Activity Descriptions

- “ **Academic Tutoring:** students work independently or in small groups to complete homework or class projects, and an MS 477 teacher provides one on one support to students in need of assistance.
- “ **AP Test Prep (8th Grade):** MS 447 teachers offer preparatory instruction for advanced placement tests.
- “ **Fine Arts :** students learn artistic skills, such as drawing, to explore their identities and the world.
- “ **Basketball:** instruction, drills and scrimmages to learn teamwork, sportsmanship and how to play.
- “ **Basketball Team:** separate teams for boys and girls. Instruction, practice, and weekly league games.
- “ **Game Factory :** critical thinking through board games. Each week students teach students a new game
- “ **Cartooning:** instruction in multi-media cartoon and comic strip composition.
- “ **Dance:** instruction and training to choreograph and perform dance routines.
- “ **Drama/ Theater** instruction and training to write and perform scenes and skits.



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Activity Descriptions (cont'd)

- “ **Living Out Loud:** conversation and collaboration prepare students for high school, college and beyond.
- “ **Mixed Sports:** exposure to and experience in playing a variety of sports each week in the gym.
- “ **Digital Media Arts :Film Production:** Learn how a to work a camera and the process of making a movie, commercial, and/or TV show
- “ **Digital Media Arts: Photography:** Learn how to use a camera utilizing the functions filters etc and take interesting photos
- “ **Peer Mediation:** students meet together to resolve conflicts through collaboration and conversation
- “ **Soccer:** drills, lessons and scrimmages to teach the rules of the game, leadership and sportsmanship.
- “ **SONYC Ambassadors:** Students participate in the MS 447 student council.
- “ **Pitch Perfect Vocals:** students learn singing exercises and techniques; and also write and perform songs
- “ **Poetry** instruction and support to write, edit, and publicly read original poetic works.
- “ **Wrestling:** through the Beat the Streets Wrestling program and practice curriculum, students receive instruction and support in order to participate in wrestling competitions.
- “ **Creative Writing-** Learn to write your own stories, develop characters, and create your own world.



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Staffing Structure

“ **Program Director – oversees all Programing (Full- Time)**

Part time Staff:

“ **Education Specialist: develops curriculum Activity Specialist & Group Leaders implement**

“ **Program Aide: Oversees all data management**

“ **Activity Specialists: Facilitate specific activities**

“ **Group Leaders: Co-facilitates activities w/ Activity Specialist**

***Each activity has a staff to student ratio of 1:15 thus 1 Activity Specialist and 1 Group Leader are paired to provide activity instruction with a max of 30 participants per activity.**



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Preview Period Schedule

***9/9/15-9/25/15 -different activities offered each day**

Participants will sample the 4 activities offered on each day for 30 minutes. At the end of the preview period, participants will select 2 activities to attend each day. Final student schedule to start on 9/28/15

Monday - Thursday

- . 2:35pm – 2:45pm Welcome & Introduction
- 2:45pm – 3:15pm – Overview of Preview Period/ Team building activities
- . 3:15pm- 3:45 pm – Activity 1 (i.e. Flag football)
- . 3:45pm- 4:15pm – Activity 2 (Songwriting)
- . 4:15pm- 4:45pm – Activity 3 (Poetry)
- . 4:45pm- 5:15pm – Activity 4 (Robotics)
- . 5:15pm-5:45pm Complete Preference Sheet/ Study lab
- . 5:45pm - Dismissal

Friday

- 2:35pm – 2:45pm Snack/ Sign in to Activities (Cafeteria)
- 2:45pm – 3:15pm – Activity 1 (i.e. Board games)
- 3:15pm – 4:15pm Activity 2 (i.e. soccer)
- 4:15- 5pm – Activity 3 (i.e. Free time)
- 5pm – Dismissal



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Sample Student Daily Schedule

*** times subject to change**

Monday - Thursday

- . 2:35pm – 2:45pm Snack/ Sign in to Activities (Cafeteria)
- . 2:45pm – 3:15pm – Study Lab*
- . 3:15pm- 4:15pm – Robotics (Activities change each day)
- . 4:15pm- 5:15pm – Soccer (Activities change each day)
- . 5:15- 5:45pm – SONYC Challenge*
- ” 5:45pm – Dismissal

Friday

- 2:35pm – 2:45pm Snack/ Sign in to Activities (Cafeteria)
- 2:45pm – 3:15pm – Dance
- 3:15pm – 4:15pm Cartooning
- 4:15- 5pm Mix Sports(Free Gym Time/ Board Games)
- 5pm – Dismissal

*SONYC staff determine this. Each student will have 30 minutes of Homework and 30 minutes of Teambuilding every day either in beginning or end of the day.



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WHY JOIN SONYC?

- " **IT'S FREE TO ALL MS447 STUDENTS!**
- " **MAKE NEW FRIENDS!**
- " **GET HELP WITH HOMEWORK from Teachers & PARTICIPATE IN COOL ACTIVITIES!**



" **WEEKLY RAFFLES!**

- " **THE MORE YOU ATTEND THE MORE OPPORTUNITIES YOU HAVE TO WIN A WEEKLY PRIZE**
- " **PRIZES INCLUDE GIFT CARDS TO:**
 - " **Old Navy, AMC Movie Theaters, Itunes, Shake Shack & much more!**

" **BIRTHDAY CUPCAKES**

- " **PARTICIPIANTS IN SONYC RECEIVE A CUPCAKE THE MONTH OF THEIR BIRTHDAY (JULY & AUGUST ARE RECOGNIZED IN JUNE)**

" **TRIPS!!**

- " **THROUGHOUT THE SCHOOL YEAR, WE WILL OFFER TRIPS TO PARTICIPANTS WHO RECORD THE HIGHEST ATTENDANCE IN THE PROGRAM SUCH AS : BOWLING, MUSEUMS, APPLEBEES, DAVE & BUSTERS, MOVIES, NY AUTO SHOW & MUCH MORE!**



I'm Interested, now what?

1. Complete & return enrollment form (email preferred)
2. SONYC Staff Member will provide follow up and confirmation in September 2015.
3. Questions -Contact:

Antonio Capellan

Big Brothers Big Sisters NYC

SONYC Program Director @ MS 447

40 Rector Street, 11th floor

NY, NY 10006

Email: acapellan@bigsnyc.org

Ph: 646-647-5862



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